The European Graduate School
EST. 1994

European Graduate School EGS

Arts, Health and Society Division

Academic Program 2025/2026

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Campuses

Saas-Fee (CH) / Valletta (Malta)

PROGRAM 2025/2026

ONLINE EVENT
"Information Session"
Dates 2025
February 28 Experiential Information Session*: 3.30pm- 6.00pm CET
March 28 Information Session: 3.30pm – 5.00pm CET

Level Setting course Online / Introductory Course in Expressive Arts

May 2025, Times and Dates TBA

MALTA SESSION 2025 / Valletta, Malta
March 20th – 29th, 2025; Valletta, Malta

SUMMER SESSION 2025 / Saas-Fee
Session 1
From June 9th (Session 1 starts at 9am) to - June 29th (Session 1 ends at 10pm)
MA Master Programs in:
Expressive Arts Therapy
Coaching and Consulting
Conflict Transformation and Peace Building/Social Change

Expressive Arts Master Final Module E
MA Graduation Ceremony June 28th

Doctoral Program in Expressive Arts
Qualifying phase of the PhD Program (First year, IMC 1)

Professional Development in Intermodal Expressive Arts
Module K

From June 15th to June 29th:
Professional Development in Expressive Arts
Application and Practice Module A-P

Session 2

From July 8th (Session 2 starts at 9am) to – July 28th (Session 2 ends at 10pm)

MA Master Programs in:
Expressive Arts Therapy
Coaching and Consulting
Conflict Transformation and Peace Building/ Social Change

Doctoral Program in Expressive Arts
Qualifying phase of the PhD Program (Second year, IMC 2)

"Spring Symposium 2025"
Please check our Website for more information

NEW:

Special Topics in Expressive Arts Research Design

Online course for all doctoral program students completing their Qualifying Phase (Q-AGS) and preparing to transition to the Candidacy Phase.
October 2025 Times and Dates TBA

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1 Introduction

1.1 European Graduate School

As of February 2016, the Malta Further and Higher Education Authority (MFHEA- formerly recognised as the NCFHE) has licensed The European Graduate School (EGS) (Licence number: 2015:007) within The European Qualifications Framework (EQF) as a Higher Education Institution.
EGS is governed by the non-profit foundation EGSF. Founded in 1994, EGS provides degree programs and Professional development for practicing professionals on a graduate and post-graduate level. Entrance requirements include a Bachelor's degree or an equivalency that must be approved by a qualifying board. EGS offers an access procedure in which students who have not yet achieved the Bachelor's degree may qualify for matriculation to the EGS. Entrance to the doctoral program requires a Master's degree.

The EGS has been granted Candidate for Accreditation status by the New England Commission of Higher Education (formerly the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges, Inc.). Candidacy for Accreditation is a status of affiliation with the Commission which indicates that the institution has achieved initial recognition and is progressing toward accreditation.
Candidacy is not accreditation nor does it assure eventual accreditation.
For more information visit the NECHE website

1.2 Mission Statement of the European Graduate School

"The mission of the European Graduate School is to play a leading role in cross-disciplinary inquiry and exchange. It undertakes this mission with forms of teaching and research that explore, at the highest levels, the grounds and the potential of creative practices, scientific understanding, and critical thought.
The European Graduate School seeks to build a world-wide intellectual community that is profoundly diverse, yet shares a common commitment to academic freedom, creative discovery, and the promotion of study that is socially meaningful and attentive to global needs and concerns."

1.3 Student Statement of the European Graduate School

"In keeping with its cross-disciplinary purpose and its effort to orient its intellectual ambitions toward concrete worldly engagement, the EGS seeks to build a richly diverse and inclusive global community of scholars.
Admission to our program is based upon standard academic criteria, but also professional or personal achievement where appropriate.
We welcome individuals of all ages from a broad range of professional and academic backgrounds."

2 Events at EGS

2.1 Information Session (online)

Do you want to know more about our programs and Professional development? We offer an expressive arts-based online encounter to learn more about our division and what is new.
Dare to ask, dare to listen, dare to create, dare to be who you are - let's meet.

Dates 2025
February 28 Experiential Information Session*:
3.30pm- 6.00pm CET
March 28 Information Session: 3.30pm - 5.00pm CET
Time: 3:30pm - 5:00pm CET

*Experiential information session: during this session we will spend some time reviewing general information and questions of the programs during the first 30 min and then we will prioritize offering participants an expressive arts based exploration so participants can have an experiential experience of Expressive arts in action. Please during these info sessions we will advise participants to be able to turn on their cameras, to have a comfortable and private space, some basic art materials (paper, pens, colors, glue and scissors) as well as have the interest to connect with other participants for this experiential.
If you want to join, please send us a message with your name and interest (administration@egs.edu).
We are looking forward to hearing from you!

2.2 Level setting course /Online Introductory Course in Expressive Arts

The courses are opportunities to get acquainted with Expressive Arts. They require no prior artistic experience and are open to all those who are seeking a more creative path to change.
Are you interested in Expressive Arts Therapy, Coaching and Consulting, Conflict Transformation and Peacebuilding/Social Change?

The course provides a comprehensive introduction to the philosophical, theoretical, and practical foundations of Expressive Arts. It examines the historical context in which the field emerged, as well as contemporary perspectives and the diverse applications of Expressive Arts in professional settings such as therapy, education, coaching, consulting, social change, and research.

Additionally, the course introduces the teaching methodology developed by the Arts, Health, and Society Division at EGS. This approach prepares students for their academic journey by emphasizing resource-oriented, interdisciplinary, multicultural, art-analogue orientation, and phenomenological learning experiences.

Key Topics
-The role of the arts in human life (philosophical foundations).
-Core concepts of Expressive Arts (Poiesis, imagination, art, play, ritual, decentering, beauty).
-Resource and capacity-building through the arts (Low skill, high sensitivity; expanding the range of play).
-Introduction to the EGS learning methodology (resource-based, art-analogue aesthetics considerations, multicultural perspectives).
-Introduction to research resources: essential books, academic journals, specialized websites (e.g., JSTOR, databases for scholarly articles)

The Arts, Health and Society Division of the European Graduate School EGS offers Online Introduction Courses with career counseling in the field of Expressive Arts for Students wishing to pursue the Master of Arts, or Ph.D. degree programs.

This course is a requirement for students who do not have a master's degree in Expressive Arts or formal education or training in the field and want to study in the PhD program. Its purpose is to ensure that all doctoral students acquire a foundational and equal level of knowledge regarding Expressive Arts before advancing in their studies.

Dates: May 2025 online
Times and Dates TBA

3 Program Overview Summer Session

Session 1
From June 9th (Session 1 starts at 9am) to - June 29th (Session 1 ends at 10pm)

MA Master Programs in:
Expressive Arts Therapy
Coaching and Consulting
Conflict Transformation and Peace Building/ Social Change

Expressive Arts Master Final Module E

MA Graduation Ceremony June 28th

Doctoral Program in Expressive Arts
Qualifying phase of the PhD Program (First year, IMC 1)

Professional Development in Expressive Arts Digital Arts and Media Module KS

From June 15th to June 29th:
Professional Development in Expressive Arts Application and Practice Module A-P

Session 2
From July 8th (Session 2 starts at 9am) to – July 28th (Session 2 ends at 10pm)

MA Master Programs in:
Expressive Arts Therapy
Coaching and Consulting
Conflict Transformation and Peace Building/ Social Change

Doctoral Program in Expressive Arts
Qualifying phase of the PhD Program (Second year, IMC 2)

4 Period 1 – June 9th (Session 1 starts at 9am) to - June 29th (Session 1 ends at 10pm)

4.1 Summary

Expressive Arts Master Final Module E
Module Expressive Arts Master E for graduating Master's students from all programs. This last module can only be registered for if all modules have been completed successfully. To register for the final Module, students need the approval of their thesis advisor.

Intermodal Expressive Arts Module K
Module Intermodal Expressive Arts K is the first module and can be taken by students from all programs of the MA studies, and as Professional Development.
It can be taken prior to period 2.

Application and Practice Module A-P
Application and Practice Module A-P can be taken by students from all programs of the MA studies, and as Professional Development. It can be taken prior to period 2.

DOCTORAL PROGRAM Expressive Arts Qualifying Phase of the Ph.D. Advance Graduate Study in Expressive Arts Leadership (IMC Intensive Master Course)
IMC 1 is offered in Period 1 and IMC 2 in Period 2. The Advance Graduate Study in Expressive Arts Leadership is the qualifying phase of the Ph.D. program with a later option towards the candidacy phase.

4.1.1 Professional Development in EXPRESSIVE ARTS

Intermodal Expressive Arts Module K
June 9th (Session 1 starts at 9am) to - June 29th (Session 1 ends at 10pm)
Prerequisites are a BA or equivalent and 2 years of professional experience in social, consulting or health services. An admission interview is required. This module gives the student an in-depth introduction to Expressive Arts in relationship to Low-Skill High-Sensitivity, Decentering and the Intermodal Approach.

Application and Practice Module A-P
From June 15th to June 29th
Prerequisites are a qualification in the Expressive Arts field, and an admission interview. This module focuses on resource orientation for practitioners and the principles and practices of Expressive Arts.

4.2 Modules offered for all Master's Programs in Expressive Arts

The Expressive Arts Therapy, Expressive Arts Coaching and Consulting and Expressive Arts Conflict Transformation & Peacebuilding/ Social Change MA Programs of the EGS offer three modules of the Intensive Training Seminars in Expressive Arts for all students: Intermodal Expressive Arts Module K, Expressive Arts Final Master Module E and Application and Practice Module A-P during the first period of Summer Session 2025.
Please consult your advisor about eligibility. For graduation requirements, please follow the checklist on the registration form Expressive Arts Final Master Module E.

4.3 Doctoral Program in Expressive Arts

In Period 1 EGS offers the first part of the IMC (Intensive Master Course) of the Qualifying Phase of the Ph.D. in Expressive Arts: Advanced Graduate Study in Expressive Arts Leadership.

Community Building in Alternative Learning Frames
This course is on-site and required of all students in all programs within the institution. In community building, we take expressive arts work out of the privacy of the consulting room or studio and into public spaces. This course introduces several structures to help the members of any community have a sense of belonging, feel included, and experience legitimacy.

For more information about the Doctoral Program, please consult our website: :
https://ahs.egs.edu/qualifying-phase-of-the-phd/

FOR ALL MODULES PERIOD 1

Community Building in Alternative Learning Frames
This course is on-site and required of all students in all programs within the institution. In community building, we take expressive arts work out of the privacy of the consulting room or studio and into public spaces. This course introduces several structures to help the members of any community have a sense of belonging, feel included, and experience legitimacy.

5 Period 2 – from July 8th (Session 2 starts at 9am) to – July 28th (Session 2 ends at 10pm)

5.1 Summary

Expressive Arts Methods, Interdisciplinary Approach P

Philosophical and Aesthetic Foundation, Interdisciplinary Approach D

Doctoral Program Expressive Arts Qualifying Phase of the Ph.D.: Advance Graduate Study in Expressive Arts Leadership (IMC Intensive Master Course)
IMC 1 is offered in Period 1 and **IMC 2 in Period 2** The Advance Graduate Study in Expressive Arts Leadership is the qualifying phase of the Ph.D. program with a later option towards the candidacy phase.

5.2 Master's Program in Expressive Arts Therapy, Coaching and Consulting, Conflict Transformation and Peacebuilding/Social Change

Modules offered for all Master's Programs in Expressive Arts
The Expressive Arts Therapy, Expressive Arts Coaching and Consulting and Expressive Arts Conflict Transformation and Peacebuilding/Social Change Programs of EGS offer two modules of the Intensive Training Seminars in Expressive Arts: the module **Expressive Arts Methods, Interdisciplinary Approach P** and the module **Philosophical and Aesthetic Foundation, Interdisciplinary Approach D** during the second period of Summer Session 2025. The school organizes optimal group size and course sequence as part of the policy of interdisciplinary study and in responds to sustainable training frames.

The module **Expressive Arts Methods, Interdisciplinary Approach P** and the module **Philosophical and Aesthetic Foundation, Interdisciplinary Approach D** can be taken in any sequence. The student will be assigned to a class.

5.3 Doctoral Program in Expressive Arts

In Period 2 EGS offers the second part of the IMC (Intensive Master Course) of the Qualifying Phase of the Ph.D. in Expressive Arts: Advanced Graduate Study in Expressive Arts Leadership.

Community Building in Alternative Learning Frames
This course is on-site and required of all students in all programs within the institution. In community building, we take expressive arts work out of the privacy of the consulting room or studio and into public spaces. This course introduces several structures to help the members of any community have a sense of belonging, feel included, and experience legitimacy.

For more information about the Doctoral Program, please consult our website:
https://ahs.egs.edu/qualifying-phase-of-the-phd/

NEW:

Special Topics in Expressive Arts Research Design

Online course
October 2025, Dates and Times TBA

This mandatory online course serves as a bridge, facilitating students' transition from the Qualifying Phase (IMC modules) of their doctoral studies to the Candidacy Phase. Commencing at the conclusion of Module IMC 2, it is designed to support students as they prepare to embark on the Candidacy Phase.
It reimagines academic research as a dynamic, creative, and ethical practice, with a focus on exploring niche topics and emerging areas of interest in research design within the field of Expressive Arts.

6 Program Overview Malta Session

March 20th – 29th, 2025; Valletta, Malta

6.1 Global Health and the Arts: Trauma Informed Practice in Communities and Society

More than one billion people have been affected by violence and disaster throughout the world. Despite evidence of the individual and collective consequences of trauma, concrete actions to address these invisible wounds are still often inadequate, if not entirely missing in peacebuilding programs. The Expressive Arts and Global Health program provides didactic learning and practical skills training for artists, peacebuilders, humanitarian workers, health care providers, teachers, and change agents from all fields who work with individuals, groups, and communities experiencing traumatic stress and crisis. For those working in the intersection of conflict and the arts, it is imperative that we acquire knowledge about how the arts can enhance identity, safety and resilience in communities. This course will explore the different schools within the fields of conflict, as well as highlight various arts-based peacebuilding methods and community engagement techniques. Ethical considerations of working with the arts and communities in crisis will be discussed in depth.

Topics that will be addressed include:

* Introduction to conflict transformation theories
* The role of poiesis and conflict transformation
* Health-building as peacebuilding: The salutogenic model as a theory to guide health promotion
* Stress and trauma: trauma informed care through an EXA lens
* From senseless to sensitivity
* The relationship between everyday ritual and ambiguous loss.
* Arts and social change: expanding the play range to get out of feeling stuck/dire straits with communities and groups.
* Introduction to the Expressive Arts in Transition (EXIT) program and methodology: an evidence based stress management program for people suffering from traumatic stress.

This course is conducted over a 10-day period, with one day off built in and a welcome and closing session. As this is an intensive course, there will be two sessions per day consisting of a 3-hour morning session and a 4-hour evening session. There will be a break in between daily sessions so that students can eat lunch, rest, or walk around Valletta to sightsee.
This experience is a blend of didactic and experiential learning, including lectures, group discussions, individual reflection, and arts-based practice. We will be working with a variety of arts-based methods, including movement, music, and visual art. There is also pre-work and post-work to be completed for those seeking full course credit. Additionally, there will be a student presentation required of all students, including auditors.

***Please note:** This Professional Development program is required for students specializing in Expressive Arts in Conflict Transformation & Peace building/Social Change at EGS with the exception of those students who have a graduate level academic background in arts-based trauma interventions and/or conflict and peace studies.

Location: This 10-day intensive will take place at Fort St. Elmo in the Maltese capital of Valletta.

Students are responsible for their own accommodations in the city.

Campus Malta
Fort St Elmo
Valletta VLT 1741, Malta

Room and Board Reservation:
The participants must find and pay room and board directly in Valetta, Malta.

Travel information:
Please do not book any travel arrangements unless your registration is confirmed.

Further Information:
Information about Expressive Arts Global Health https://ahs.egs.edu/expressive-arts-global-health/

7 Tuition and Fees

For the current Tuition and Fee Overview, please consult the following website: https://ahs.egs.edu/tuition-and-fees/

8 REGISTRATION PROCEDURES FOR OFFERED PROGRAMS AND COURSES

Registration period for Summer Session begins February 1, 2025 until **April 30, 2025**.
A limited number of registrations will be accepted after that date, if space is available. Please fill out the appropriate registration form and return it to the EGS office by email. The school takes the liberty to combine or mix groups if numbers permit as part of the policy of interdisciplinary study and in response to sustainable training frames.

ATTENTION GRADUATING STUDENTS: You must be registered by April 30, 2025 in order to secure your participation in the graduating Classes 2025.

9 Faculty

The format of a Graduate School for Professionals with training in Intensive Summer Seminars has the advantage that it can commit a Faculty of excellent reputation who are internationally engaged leaders or founders in their field.
Faculty members come from transdisciplinary practices that cross institutional boundaries. They advocate investigative learning and creative inquiry that embrace the stratified complexity of the concrete challenges we face today. They are familiar with thinking that expands the horizon of established frameworks and creates networks between disciplines and institutions in both the private and public sector. Faculty that have joined EGS are enthusiastic about projects that engage the typical adult learner. They appreciate the benefit of the innovative learning that goes on between Faculty, Students and Participants in continuing projects. Here you can find the current faculty list.

10 Financial Aid

The different kinds of financial aid a student is able to receive during their studies at EGS are outlined on our website: https://ahs.egs.edu/financial-aid/

11 Access Exam

11.1 EGS BACHELOR WAIVER PROCEDURE

The Access Exam into Graduate School
For admission to EGS, students must also provide proof of an accredited Bachelor's Degree or its equivalent. EGS is also able to offer applicants without a Bachelor's Degree or its equivalent an opportunity to study at this institution in programs leading to a Master's Degree. For further information please contact administration@egs.edu or check the website https://ahs.egs.edu/access-exam/

The Application
As an applicant, you must submit an EGS application form, and enclose a copy of your Bachelor's Degree or its equivalent. If you do not have a Bachelor's Degree or its equivalent, please enclose all copies of your diplomas, transcripts, letters of recommendation from present or past employers and a typed updated resume, and pay also the access evaluation fee of CHF 400.-. After EGS receives your application with all the necessary information, the admissions committee will evaluate it. Should your academic background not be sufficient, an EGS Access Advisor will meet with you to discuss the Bachelor Waiver Procedure (Access Exam).

- The Access Advisor will be able to help and advice applicants to prepare for the exam.
- The Access Exam can contain (according to the applicant's prior qualifications): Evaluation of the applicant's formal education and Validation of Professional and Life Experiences (VPLE)
- Accredited courses or lectures from educational institutions
- Written exam / Oral exam

11.2 FEES FOR THE ACCESS PROCEDURE AND EXAM

1. Access fee: CHF 400.-
2. Students who need to go through our Bachelor Waiver Procedure (Access Exam), will complete a Learning Contract with their Access Advisor that regulates the learning modules and the financial commitment. The fees that will be the basis of a Learning Contract are listed below.
3. Advising for the Access Exam
4. The Advisor meets the applicants and informs them about the procedure of the Access Exam. The Advising Fee is CHF 120.- per hour.
5. VPLE-Program (Validation of Professional and Life Experience)
6. Fee for the VPLE-Program evaluation of the applicant's formal education and evaluation of professional and life experiences. 3 Credits: CHF 1'860.-
7. Enrollment fee for the Access Exam: CHF 250.-
8. Fee for the Written Access Exam: CHF 400.-
9. Fee for the Oral Access Exam: CHF 1'000.- up to CHF 1'500.-

The fee also depends on the length of the Exam:
Level A: 10 Credits (30 Minutes) CHF 1'000.-
Level B: 15 Credits (45 Minutes) CHF 1'250.-
Level C: 20 Credits (60 Minutes) CHF 1'500.-

12 Travel Information

12.1 Visa Requirements for European Countries - Courses Steinmatte/Saas-Fee (CH)

Students are responsible for checking and complying with the VISA and entry requirements for their studies in Switzerland & Malta. It is the student's duty to apply for the appropriate visa in a timely manner and ensure that all necessary documents are in order.

For further information on VISA regulations, students should refer directly to the Swiss Embassy or Malta in their home country or consult the provisions of the Schengen Agreement.

12.2 Room & Board Information – Saas-Fee

For all information about Room & Board in Saas-Fee, please klick here

12.3 Visa Requirements for Courses in Valletta/Malta

Students should give attention to the indications offered in an official statement from Malta's Central Visa Unit. This information can be found here.

12.4 Room & Board Information – Valetta/Malta

For all information about Room & Board in Saas-Fee, please klick here

12.5 Public Transportation to Saas-Fee, Switzerland

https://www.sbb.ch/en/home.html

SBB train
Zurich Airport to
Bern
Bern to
Visp
Bus "PostAuto"'
Visp to
Saas-Fee Bus Terminal
ca. 3 hr.

SBB train
Geneva Airport to
Sion
Sion to
Visp
Bus "PostAuto"'
Visp to
Saas-Fee Bus Terminal
ca. 3 hr. 40 min.

12.6 Private Transportation to Saas-Fee, Switzerland

By car
Lausanne
Martigny
Sion
Visp
Saas-Fee

By car
Bern
Kandersteg
(car train every 30 min.
or through tunnel)
Goppenstein
Gampel, direction (Brig)
Visp
Saas-Fee

12.7 Public Transportation to Malta

https://www.publictransport.com.mt/

12.8 Policies

The policies can be found on the website in the download area under "Policies and Regulations"

This academic program is subject to change at the discretion of the EGS.